

Quotes from Supporters and Users

Audible Recording Quotes

"Thank you so much for today. I really enjoyed it, I found it really therapeutic to talk about my feelings, knowing they would help others and comforted knowing there were 15 other people on that one day doing the same thing.

It really does show you how 'you are not alone', and even the way we process our grief, despite the different circumstances, are so similar. All these people are using their journey, their story to help others to not feel isolated. And it really is rewarding.

I really felt a real sense of pride today and so honoured to be a part of it. Thank you again! And a huge well done for starting this app, it will change the lives of so many. Thanks to you."

- Jodie Matthey, lost her dad to cancer.

"Today I took a deep breath, sat down, and spoke about my mum's death.

I sat in a professional recording booth, in the same studio as Stephen Fry, Dominic West, Gillian Anderson, and quite a few others. And I was given the opportunity to talk about lovely Lynda's life, her death, and my life after her death.

It was hard and at times painful, a couple of anecdotes had me in stitches, and some bits broke my heart all over again. But I did it so that other young people, dealing with bereavement, can know they aren't alone in their feelings, when having to cope with an awful loss.

I did it to start a conversation about death, because yes, it is awful, but what's worse, is feeling you can't speak about it, or not knowing how to speak about it. Being able to talk about your feelings, the good, the bad, and the downright ugly makes it that bit better.

Today I recorded my story for <https://apartofme.app> to be put on a platform to help other young people, dealing with similar issues, know they aren't alone."

- Georgina, lost her mother to a heart attack aged 18

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General Quotes about Game

"If we'd had this game available to us when my wife was still alive she would have enjoyed helping him create a memory box and having set tasks to do would've made this incredibly daunting task more manageable for her."

- Mandy, widow and mother of 2

"What's amazing and unique about Apart of Me is children can create a legacy alongside their ill family member."

- Olly Clabburn, lost his father to MND, PhD investigating the use of digital legacies for people living with motor neurone disease

"If I'd have had something that would have reminded me how precious the time was, before it was too late, that would have been amazing. Since being involved in this project, I have been able to find some meaning from all of those dark times".

- Jamie, lost his dad to a liver cancer 3 years ago

"Teenagers and Young Adults in particular are a group that we have collectively identified as needing more innovative and digitally-led therapeutic and talking tools to help them process their grief. Our combined involvement in the 'Apart of Me' App represents our commitment to the development and progression of bereavement services in the UK, to make sure every bereaved child is supported through their grief."

- Richard Fogleman, CEO, Grief Encounter

"Winston's Wish is delighted to be working with Bounce Works to develop Apart of Me. It is so important that we continue to develop and offer young people support in a way that they are comfortable with and that appeals to them. Engaging young people in traditional ways can be challenging, yet we know that with the

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right support following a bereavement, this age group is able to adapt to their new reality with confidence and go on to live full and flourishing lives. We feel that Apart of Me will offer a valuable tool to work with this age group in the future.”

- Sacha Richardson, Director of Clinical Services, Winston’s Wish

“The young people supported by Child Bereavement UK tell us how important it is to be able to access support via a range of media and frequently emphasise how important the digital world is to them. We are delighted to be working with Bounce Works to create Apart of Me.”

- Ann Rowland, Director Bereavement Support & Education, Child Bereavement UK

“When I lost my dad, the loneliness that ensued killed part of me too. It was believing no-one else felt the way I did. It was being scared to talk. It saw me knock on every wrong door going – drugs, depression, suicidal thoughts. This game can stop other young people suffering from the same isolation, loneliness, and all the troubles that follow; this game has the ability to change lives and save others.”

- William Hunter Howell, Bestselling Author, ‘Affable in Adversity

“We are sure this game will be a huge success and a vital tool for a 21st Century approach to bereavement.”

- Linda Magistris, Chief Executive/Founder, The Good Grief Trust

“Missing in many families facing the problematic conversation around the loss of a loved one are the tools that allow young people to express, connect with and start to heal the feelings associated with grief. Apart of Me fills that void with sensitive, relevant and practical techniques. It will be a safe virtual space that I will certainly recommend to the families I work alongside.”

- Peter Billingham, Funeral Celebrant and author of Death Goes Digital.